

SENARAI TALIAN SOKONGAN PSIKOSOSIAL NGO

BIL	JENIS BANTUAN	AGENSI / NGO	NO TELEFON / LOKASI BANTUAN BOLEH DIPEROLEHI
1.	KEPERLUAN / BANTUAN	JKM Mercy Malaysia	03-8000 8000 03-77335920
2.	ISU RUMAH TANGGA	JAKIM WAO	018-2249960 03-79563488
3.	ISU PENDER-AAN	Talian Nur WAO	15999 03-79563488
4.	Talian sokongan psikososial	TALIAN HEAL	15555
		THE BEFRIENDERS	03- 79568144 / 03-79568145
		AWAS	010-2344808
		MIASA (Mental Illness Awareness And Support Association)	03-79321409 / 014-2236938/ 019-2362423/012-7212399 / fb – MIASA Malaysia / Instagram – mi-asa.malaysia / twitter – miasa.malaysia / email – mi-asa.malaysia@gmail.com / www.miasa.org Isnin – Khamis @ 10.00 pg – 5.00 ptg
		MERCY Malaysia	03-29359935 (8.00 pg – 5.00 ptg @ Isnin – Jumaat) (8.00 pg – 1.00 tgh @ Sabtu)
		THE SNEHAM MALAYSIA WELFARE ASSOCIATION'S	1800-22-5757 (Isnin – Jumaat :24 jam)
		Depresi Bukan Gila	FB: Depresi Bukan Gila
		MMHA (Malaysia Mental Health Association)	03-27806803 / 017-613 3039 (WhatsApp) Isnin – Sabtu @ 9.00 pg – 5.00 pm
		Life Line	011-31571495 / 016-7201495

	RELATE	inquiries@relate.com.my
	SOLS Health	018-664 0247 / www.solshealth.org / FB- www.facebook.com/solshealth/videos/646746552526115
	SCORPUS (Social Community Programs Urban Society)	012-630 2689
	WAO (Women's Aid Organisation)	Hotline: 03-79563488 (24 jam) SMS/WhatsApp TINA: 018-9888058 (24 jam)
	RST HELWA ABIM (Rahmah Support Team)	03-4108 4500 / FB : HELWA ABIM Malaysia / 011-57731036 (10.00 pg – 4.00 ptg @ setiap hari)
	PSIKEM (Persatuan Profession Kaunseling, KKM)	FB : Persatuan Profession Kaunseling, KKM
	Malaysia Relief Agency (MRA)	dr.azwan@mra.my / www.mra.my
	Kementerian Pembangunan Wanita Keluarga dan Masyarakat (KPWKM)	15999 (Talian kasih) / 019-2615999 (Whatapps)
	Jabatan Kemajuan Islam Malaysia (JAKIM) Talian Kerohanian My-CareCov19	Izwanyusof@islam.gov.my / yuhaniz@islam.gov.my 03-8870 7000 (Isnin – Jumaat @ 8.30pg – 4.30 pm) 01119598214 (WhatsApp)
	Unit Pakar Kesejahteraan Psikologi dan Kaunseling (PKPK), FSSK UKM Bangi.	arab5487@ukm.edu.my
	Family Medicine Specialist Association of Malaysia	suhazeli@gmail.com / www.fmsconference.net
	Young Buddhist Association of	wfc@ybam.org.my

		Malaysia (YBAM)	
		SAFE SPACE	Petugas hadapan : www.facebook.com/groups/safespacehealthcareworkers/ Keluarga pesakit dan PUI : www.facebook.com/groups/safespacefamilyofpatients/ Pesakit dan PUI: www.facebook.com/groups/safespacepatientspui/ Family of losses www.facebook.com/groups/safespacebereavement/
		Malaysian Mental Health Association (Depression & Anxiety)	017-6133039 (Isnin-Jumaat : 09.00am –09.00pm)
		Naluri (General Mental Health Support)	03-84081748 (24 jam)
		BuddyBear (Children's Mental Health)	1800-18-2327
		Malaysia Positive Psychology Association (Emotional & Wellbeing Support)	012-8785357 (Isnin-Jumaat : 10.00am –04.00pm)
		Malaysia Hindu-dharma Maamandram (Emotional & Wellbeing Support)	013-8139695 (Isnin-Jumaat : 10.00am –10.00pm)
		GEM Helpline (Emotional Support)	011-25289610 / 011-59944384 (Isnin-Jumaat : 02.00pm – 09.30pm)
		National Cancer Society of Malaysia	1800-88-1000 / 019-6375415 (Isnin-Jumaat : 08.30am – 04.30pm)

		(Depression, Stress & Anxiety)	
		Talian Kasih (Domestic Abuse)	019-2615999 / 15999 (Isnin-Jumaat : 08.30pm – 12.00am)

* Edited from Circle Of Hope (COH) module.