



NOTIFIABLE COMMUNICABLE DISEASES FOR CURRENT WEEK

NO.	DISEASE	EW 19/2022	EW 19/2023	MEDIAN	CUMULATIVE 2022 UNTIL EW19	CUMULATIVE 2023 UNTIL EW19
1.	AVIAN INFLUENZA	0	0	-	0	0
2.	CHANCROID	0	0	0	0	0
3.	CHOLERA	0	0	0	0	0
4.	DENGUE FEVER	57	218	70	566(0)	2,917(5)
5.	CHIKUNGUNYA	0	0	0	2(0)	7(0)
6.	DIPHTHERIA	0	2	0	0	2
7.	DYSENTERY (all type)	0	0	0	0	3
8.	EBOLA	0	0	0	0	0
9.1	FOOD POISONING (episode)	0	0	0	5	14
9.2	FOOD POISONING (case)	0	0	0	157	408
10.	GONOCOCCAL INFECTION (all forms)	2	5	2	28	96
11.	HAND,FOOT&MOUTH DISEASE (HFMD)	597	122	56	1237	915
12.	HIV INFECTION	0	21	0	245(17)	310(25)
13.	LEPROSY	0	0	0	1	3
14.	LEPTOSPIROSIS	2	4	2	17(0)	119(3)
15.	MALARIA	1	0	1	12	17
16.	MEASLES	0	0	0	2	9
17.	MERSCoV	0	0	0	0	0
18.	PLAGUE	0	0	0	0	0
19.	ACUTE POLIOMYELITIS	0	0	0	0	0
20.	RABIES	0	0	0	0	0
21.	RELAPSING FEVER	0	0	0	0	0
22.	SYPHILIS (all forms)	7	18	1	100	199
23.	TETANUS (Neonatorum / Adult)	0	0	0	0	0
24.	TUBERCULOSIS	33	23	33	659(76)	707(24)
25.	TYPHOID & PARATYPHOID FEVER	0	0	0	0	2
26.	TYPHUS & OTHER RICKETTSIOSIS	0	0	0	0	1
27.	VIRAL ENCEPHALITIS	0	0	0	0	3(1)
28.	VIRAL HEPATITIS	26	87	-	130	567
	a) Hepatitis A	0	0	0	0	1(1)
	b) Hepatitis B	1	3	1	41(1)	117(2)
	c) Hepatitis C	8	2	1	120(0)	466(8)
	d) Other Hepatitis	0	0	0	0	0
29.	PERTUSSIS	0	0	0	0	3
30.	YELLOW FEVER	0	0	0	0	0
31.	ZIKA	0	0	NA	0	0
32.	COVID-19	225	225	706	138161 (636)	2272(39)
33.	COVID 19 VARIANT XBB	-	0	-	-	*353

*Notes: () is a cumulative death; resource: e-Notifikasi, e-Dengue, MyTb, NAR Covid19 variant XBB Data dari Tahun 2022

NOTIFIABLE COMMUNICABLE DISEASES FOR EW19 BY DISTRICT

NO.	DISEASE	JB	KJ	MR	TG	BP	KG	SG	PN	KT	MG	JOHOR
1.	AVIAN INFLUENZA	0	0	0	0	0	0	0	0	0	0	0
2.	CHANCROID	0	0	0	0	0	0	0	0	0	0	0
3.	CHOLERA	0	0	0	0	0	0	0	0	0	0	0
4.	DENGUE FEVER	154	30	3	3	11	8	3	1	4	1	218
5.	CHIKUNGUNYA	0	0	0	0	0	0	0	0	0	0	0
6.	DIPHTHERIA	2	0	0	0	0	0	0	0	0	0	2
7.	DYSENTERY (All types)	0	0	0	0	0	0	0	0	0	0	0
8.	EBOLA	0	0	0	0	0	0	0	0	0	0	0
9.	FOOD POISONING	0	0	0	0	0	0	0	0	0	0	0
10.	GONOCOCCAL INFECTION (All forms)	4	1	0	0	0	0	0	0	0	0	5
11.	HAND, FOOT & MOUTH DISEASE (HFMD)	22	10	6	17	13	20	15	4	14	1	122
12.	HIV INFECTION (All forms)	17	0	0	0	0	2	1	0	1	0	21
13.	LEPROSY	0	0	0	0	0	0	0	0	0	0	0
14.	LEPTOSPIROSIS	0	0	1	0	1	0	2	0	0	0	4
15.	MALARIA	0	0	0	0	0	0	0	0	0	0	0
16.	MEASLES	0	0	0	0	0	0	0	0	0	0	0
17.	MERSCoV	0	0	0	0	0	0	0	0	0	0	0
18.	PLAGUE	0	0	0	0	0	0	0	0	0	0	0
19.	ACUTE POLIOMYELITIS	0	0	0	0	0	0	0	0	0	0	0
20.	RABIES	0	0	0	0	0	0	0	0	0	0	0
21.	RELAPSING FEVER	0	0	0	0	0	0	0	0	0	0	0
22.	SYPHILIS (All forms)	13	0	0	0	2	3	0	0	0	0	18
23.	TETANUS (Neonatorum / Adult)	0	0	0	0	0	0	0	0	0	0	0
24.	TUBERCULOSIS (All forms)	7	0	4	0	4	2	3	2	1	0	23
25.	TYPHOID & PARATYPHOID FEVER	0	0	0	0	0	0	0	0	0	0	0
26.	TYPHUS & OTHER RICKETTSIOSSES	0	0	0	0	0	0	0	0	0	0	0
27.	VIRAL ENCEPHALITIS	0	0	0	0	0	0	0	0	0	0	0
28.	VIRAL HEPATITIS											
	a) Hepatitis A	0	0	0	0	0	0	0	0	0	0	0
	b) Hepatitis B	0	1	0	0	1	1	0	0	0	0	3
	c) Hepatitis C	1	0	0	0	0	0	0	0	0	1	2
	d) Other Hepatitis	0	0	0	0	0	0	0	0	0	0	0
29.	PERTUSSIS	0	0	0	0	0	0	0	0	0	0	0
30.	YELLOW FEVER	0	0	0	0	0	0	0	0	0	0	0
31.	ZIKA	0	0	0	0	0	0	0	0	0	0	0
32.	COVID-19	88	28	6	2	14	45	3	12	26	1	225
33.	*COVID 19 VARIANT XBB	0	0	0	0	0	0	0	0	0	0	0

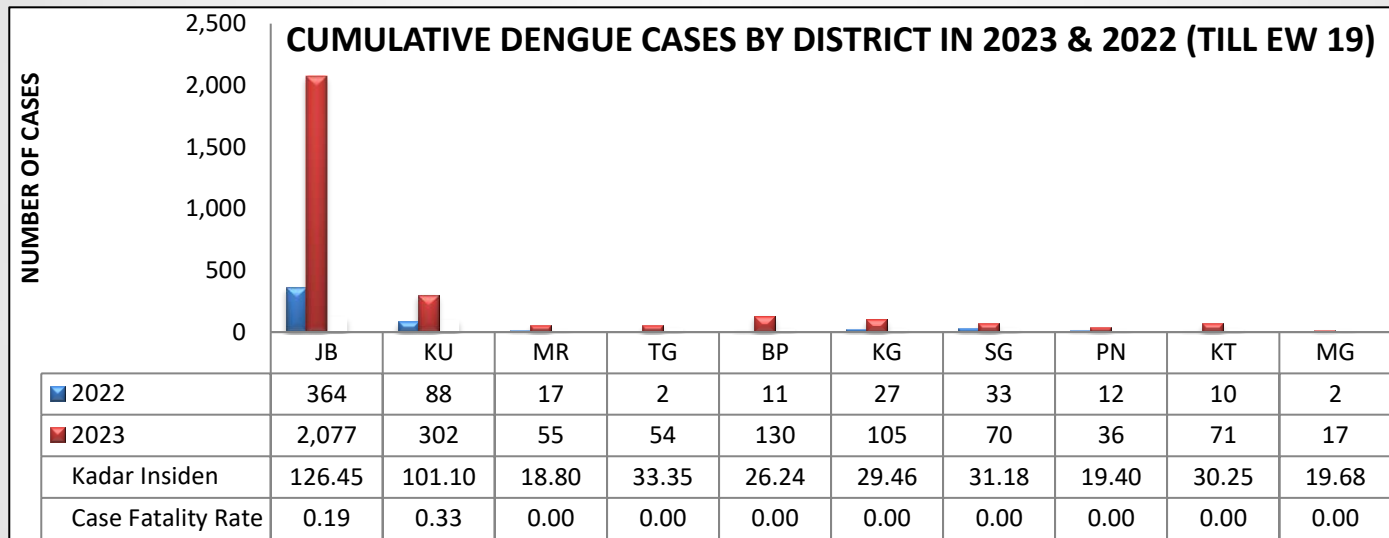
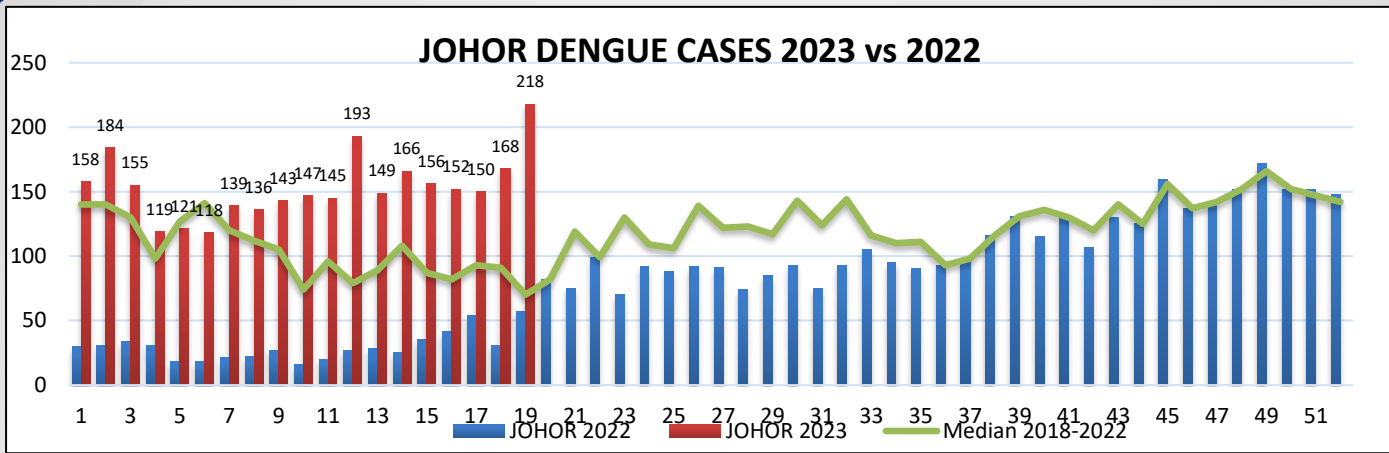
*Notes: Covid19 variant XBB Data dari Tahun 2022

CUMULATIVE NOTIFIABLE COMMUNICABLE DISEASES UNTIL EW19

NO.	DISEASE	JB	KJ	MR	TG	BP	KG	SG	PN	KT	MG	JOHOR
1.	AVIAN INFLUENZA	0	0	0	0	0	0	0	0	0	0	0
2.	CHANCROID	0	0	0	0	0	0	0	0	0	0	0
3.	CHOLERA	0	0	0	0	0	0	0	0	0	0	0
4.	DENGUE FEVER	2077	302	55	54	130	105	70	36	71	17	2917
5.	CHIKUNGUNYA	7	0	0	0	0	0	0	0	0	0	7
6.	DIPHTHERIA	2	0	0	0	0	0	0	0	0	0	2
7.	DYSENTERY (All types)	0	0	1	0	1	1	0	0	0	0	3
8.	EBOLA	0	0	0	0	0	0	0	0	0	0	0
9.	FOOD POISONING	150	0	0	83	67	2	82	0	24	0	408
10.	GONOCOCCAL INFECTION (All forms)	41	9	3	1	17	7	7	5	5	1	96
11.	HAND, FOOT & MOUTH DISEASE (HFMD)	372	49	25	109	58	85	63	58	94	2	915
12.	HIV INFECTION (All forms)	164	15	12	9	26	27	23	8	15	11	310
13.	LEPROSY	0	0	0	0	1	0	0	1	1	0	3
14.	LEPTOSPIROSIS	21	11	6	2	3	4	28	24	18	2	119
15.	MALARIA	5	3	0	0	2	2	5	0	0	0	17
16.	MEASLES	2	1	1	0	0	1	0	1	1	2	9
17.	MERSCoV	0	0	0	0	0	0	0	0	0	0	0
18.	PLAGUE	0	0	0	0	0	0	0	0	0	0	0
19.	ACUTE POLIOMYELITIS	0	0	0	0	0	0	0	0	0	0	0
20.	RABIES	0	0	0	0	0	0	0	0	0	0	0
21.	RELAPSING FEVER	0	0	0	0	0	0	0	0	0	0	0
22.	SYPHILIS (All forms)	110	15	4	3	20	10	10	10	12	5	199
23.	TETANUS (Neonatorum / Adult)	0	0	0	0	0	0	0	0	0	0	0
24.	TUBERCULOSIS (All forms)	351	47	43	19	74	47	36	24	54	12	707
25.	TYPHOID & PARATYPHOID FEVER	0	1	1	0	0	0	0	0	0	0	2
26.	TYPHUS & OTHER RICKETTSIOSSES	1	0	0	0	0	0	0	0	0	0	1
27.	VIRAL ENCEPHALITIS	2	1	0	0	0	0	0	0	0	0	3
28.	VIRAL HEPATITIS											
	a) Hepatitis A	0	0	0	0	1	0	0	0	0	0	1
	b) Hepatitis B	21	14	9	9	27	6	17	3	4	7	117
	c) Hepatitis C	271	16	15	38	13	37	19	12	42	3	466
	d) Other Hepatitis	0	0	0	0	0	0	0	0	0	0	0
29.	PERTUSSIS	1	0	0	2	0	0	0	0	0	0	3
30.	YELLOW FEVER	0	0	0	0	0	0	0	0	0	0	0
31.	ZIKA	0	0	0	0	0	0	0	0	0	0	0
32.	COVID-19	1364	185	69	17	146	227	20	84	151	9	2272
33.	*COVID 19 VARIANT XBB	200	28	33	14	23	22	2	11	20	0	353

*Notes: Covid19 variant XBB Data dari Tahun 2022

DENGUE TREND AND OUTBREAK



CUMULATIVE VECTOR BORNE DISEASE IN JOHOR EW 19/2023

DISEASE	JB	KU	MR	TGK	BP	KLK	SGT	PTN	KT	MSG	JOH
MALARIA	5	3	0	0	2	2	5	0	0	0	17
DENGUE	2,077	302	55	54	130	105	70	36	71	17	2,917
FILARIASIS	0	0	0	0	0	1	0	0	0	5	6
CHIKUNGUNYA	7	0	0	0	0	0	0	0	0	0	7
J.E	0	0	0	0	0	0	0	0	0	0	0
TYPHUS	1	0	0	0	0	0	0	0	0	0	1
YELLOW FEVER	0	0	0	0	0	0	0	0	0	0	0
PLAGUE	0	0	0	0	0	0	0	0	0	0	0
ZIKA	0	0	0	0	0	0	0	0	0	0	0

W 19 : Denggi (218 kes), Malaria (0 kes), Filariasis (0 kes), Chikun (0 kes)

LABORATORY SURVEILLANCE

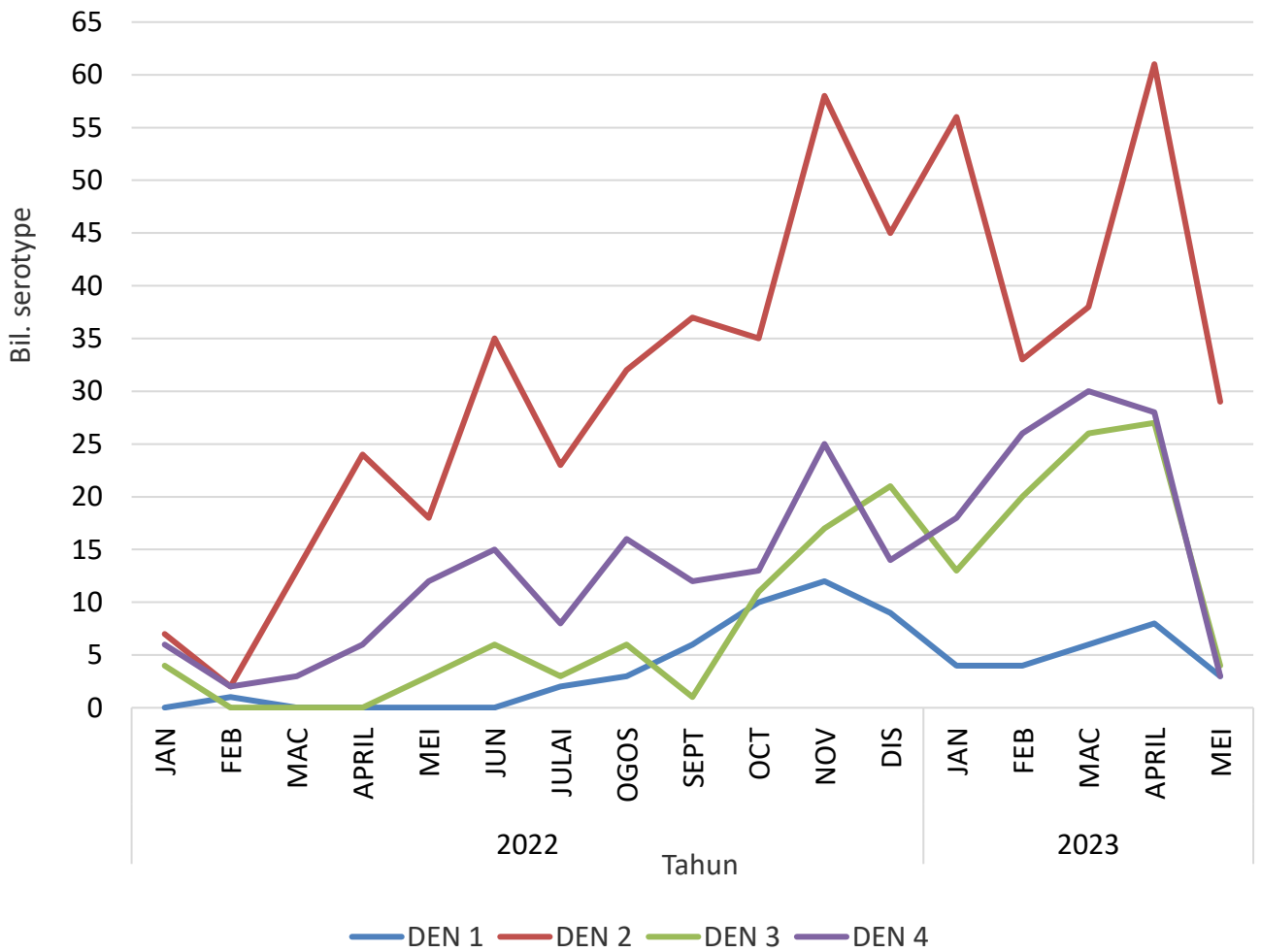
Dengue Virus Serotype Surveillance (DVSS) in Johor 2023 (Epid Week 19)

SENTINEL AREA	TARGET SAMPLE (WEEKLY)	TOTAL RECEIVED	qPCR DENGUE SEROTYPE RESULT						
			DEN 1	DEN 2	DEN 3	DEN 4	Mix DEN	ND*	PENDING
H. ENCHE BESAR HAJJAH KALSOM KLUANG	5	1	0	1	0	0	0	0	0
H. KOTA TINGGI	5	4	0	3	0	1	0	0	0
H. PAKAR SULTANAH FATIMAH	5	0	0	0	0	0	0	0	0
H. SEGAMAT	5	0	0	0	0	0	0	0	0
H. SULTAN ISMAIL	5	0	0	0	0	0	0	0	0
H. SULTANAH AMINAH	5	1	0	0	0	0	0	1	0
H. SULTANAH NORA ISMAIL	5	0	0	0	0	0	0	0	0
H. TEMENGGUNG SERI MAHARAJA TUN IBRAHIM	5	6	0	4	1	0	0	1	0
KK MAHMOODIAH	5	4	0	4	0	0	0	0	0
KK PASIR GUDANG	5	5	0	3	0	0	0	2	0
KK SULTAN ISMAIL	5	1	1	0	0	0	0	0	0
TOTAL	55	22	1	15	1	1	0	4	0
TOTAL DENGUE SEROTYPE POSITIVE	-	-	18				-	-	-

Dengue Virus Serotype Surveillance (DVSS) in Johor 2023 (Cumulative data until Epid Week 19)

SENTINEL AREA	TARGET SAMPLE (UNTIL EW 19)	TOTAL RECEIVED	qPCR DENGUE SEROTYPE RESULT						
			DEN 1	DEN 2	DEN 3	DEN 4	Mix DEN	ND*	PENDING
H. ENCHE BESAR HAJJAH KALSOM KLUANG	95	13	0	3	1	3	0	6	0
H. KOTA TINGGI	95	58	1	27	12	11	0	7	0
H. PAKAR SULTANAH FATIMAH	95	31	3	7	4	13	0	4	0
H. SEGAMAT	95	11	0	4	0	7	0	0	0
H. SULTAN ISMAIL	95	79	1	20	14	19	0	25	0
H. SULTANAH AMINAH	95	92	5	28	13	10	0	36	0
H. SULTANAH NORA ISMAIL	95	34	3	18	5	3	0	5	0
H. TEMENGGUNG SERI MAHARAJA TUN IBRAHIM	95	89	1	58	8	13	0	9	0
KK MAHMOODIAH	95	67	2	30	15	6	0	14	0
KK PASIR GUDANG	95	67	5	16	11	16	0	19	0
KK SULTAN ISMAIL	95	30	4	6	7	4	0	9	0
TOTAL	990	539	24	196	86	104	0	129	0
Percentage (%)	-	-	4.5%	36.4%	16.0%	19.3%	0	23.9%	0
Total Dengue Serotype Positive	-	-	410				-	-	-

DENGUE SEROTYPE IN JOHOR 2022 - 2023 (WK 19/2023)



CASE LIST OF HIV & AIDS (NAR) AND CHANCROID, GONORRHOEA, SYPHILIS & HEPATITIS C (E-NOTIFICATION) BY DISTRICT, JOHOR STATES FOR W01-W19 YEAR 2022 & YEAR 2023

DISTRICT OF	HIV	KHIV	HIV	KHIV	AIDS	K AIDS	AIDS	KAIDS	CHANCROID		GONORRHOEA		SYPHILIS		HEPATITIS C	
	W01-W19 2022	W01-W19 2022	W01-W19 2023	W01-W19 2023	W01-W19 2022	W01-W19 2022	W01-W19 2023	W01-W19 2023	W01-W19 2022	W01-W19 2022	W01-W19 2023	W01-W19 2023	W01-W19 2022	W01-W19 2022	W01-W19 2023	W01-W19 2023
JB	94	1	104	3	59	3	50	7	0	0	24	41	90	106	53	265
MR	15	0	9	0	5	3	3	0	0	0	1	3	0	5	5	15
BP	21	0	13	0	7	3	11	2	0	0	5	17	17	16	39	13
KLG	10	0	17	1	4	0	4	5	0	0	1	7	10	10	70	36
SGT	5	0	11	0	1	0	8	4	0	0	0	7	7	10	14	17
PTN	5	0	6	0	2	2	2	0	0	0	2	5	1	8	6	12
KT	5	0	9	0	1	2	5	1	0	0	1	5	2	11	5	24
MSG	0	0	6	0	1	0	4	1	0	0	0	1	0	4	2	3
TGK	4	2	4	0	1	1	4	1	0	0	1	1	1	3	9	22
KUL	3	0	9	0	4	0	6	0	0	0	3	8	7	15	3	11
JHR	162	3	188	4	85	14	97	21	0	0	38	95	135	188	206	418

NEW HIV RISK FACTORS BY DISTRICT, JOHOR STATES FOR EPID WEEK W01-W19 YEAR 2022 AND YEAR 2023

RISK FACTORS	HOMO/BISEKSUAL		HETEROSEXUAL		INTRAVENOUS DRUG USE (INVIDU)		VERTICAL		UNDETERMINE		NEEDLE STICK INJURY		BLANK		TOTAL	
	W01-W19 2022	W01-W19 2023	W01-W19 2022	W01-W19 2023	W01-W19 2022	W01-W19 2023	W01-W19 2022	W01-W19 2023	W01-W19 2022	W01-W19 2023	W01-W19 2022	W01-W19 2023	W01-W19 2022	W01-W19 2023	W01-W19 2022	W01-W19 2023
JB	58	55	32	38	0	0	0	0	4	0	0	0	0	8	94	101
MR	9	7	6	2	0	0	0	0	0	0	0	0	0	0	15	9
BP	8	10	11	3	1	3	0	0	1	0	0	0	0	0	21	16
KLG	4	6	6	8	0	2	0	0	0	0	0	0	0	1	10	17
SGT	4	6	1	5	0	0	0	0	0	0	0	0	0	0	5	11
PTN	1	4	4	1	0	1	0	0	0	0	0	0	0	0	5	6
KT	2	4	3	4	0	1	0	0	0	0	0	0	0	0	5	9
MSG	0	2	0	4	0	0	0	0	0	0	0	0	0	0	0	6
TGK	3	3	1	1	0		0	0	0	0	0	0	0	0	4	4
KUL	2	6	1	3	0	0	0	0	0	0	0	0	0	0	3	9
JHR	91	103	65	69	1	7	0	3	5	0	0	0	0	9	162	188
%	56.2	54.8	40.1	36.7	0.6	3.7	0.0	1.6	3.1	0.0	0.0	0.0	0.0	4.8	100.0	100.0

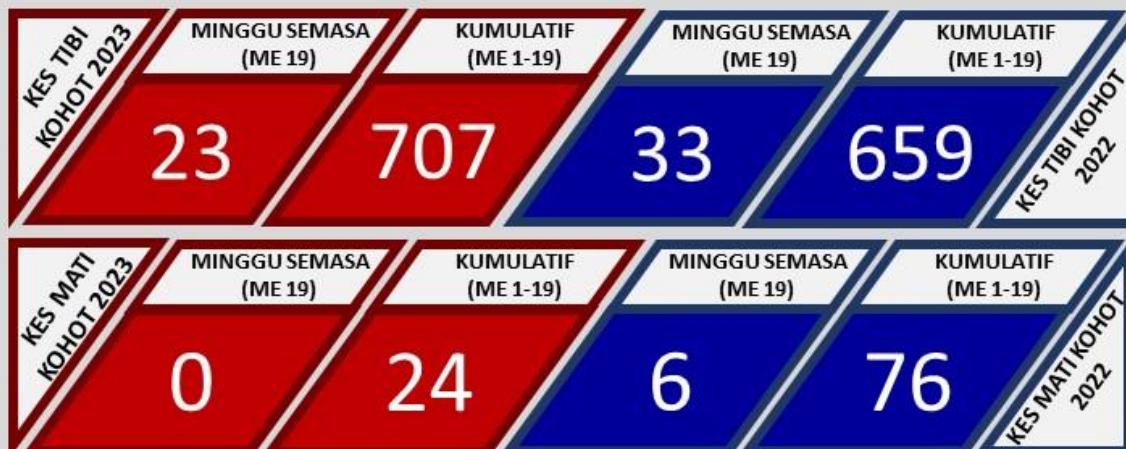


HASIL RAWATAN KES TIBI WARGANEGARA (ME 1-19 2023, N= 553)



SASARAN KADAR SUKSES : $\geq 90\%$

DAERAH	MASIH DALAM RAWATAN	TERHENTI RAWATAN	MATI BELUM DIAUDIT	RR/ MDR/ XDR	KADAR SUKSES (%)
BATU PAHAT	1	2	1	0	84.3
JOHOR BAHRU	9	11	7	6	82.7
KLUANG	0	6	0	0	76.0
KOTA TINGGI	2	0	0	0	86.7
KULAI	0	2	0	0	72.0
TANGKAK	1	0	0	1	88.5
MERSING	0	0	0	0	88.9
MUAR	1	0	0	0	92.1
PONTIAN	1	0	1	0	86.4
SEGAMAT	0	0	1	0	84.0
JOHOR	15	21	10	7	83.2



PENCAPAIAN PEMERIKSAAN KONTAK BAGI KOHOT JAN-APR 2023 (SASARAN 1: 10)

BP	JB	KG	KT	KU	MG	MR	PN	SG	TG	JOHOR
1:5	1:5	1:7	1:5	1:6	1:5	1:22	1:4	1:6	1:4	1:6

DATA SEHINGGA ME 19 (13/05/2023) MUAT TURUN PADA (15/05/2023)

JABATAN KESIHATAN NEGERI JOHOR

DISEASES OUTBREAK

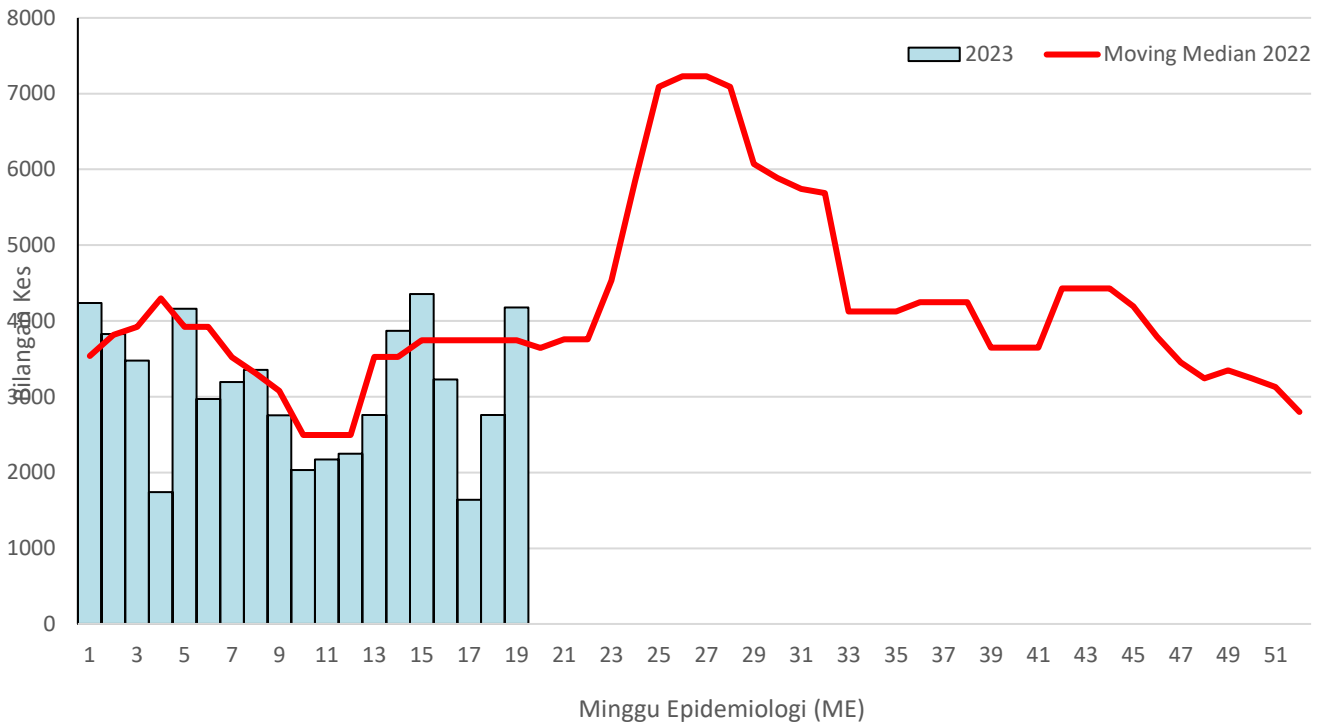
CLUSTER / OUTBREAK BY DISTRICT ON EW 19/2023

NO.	DISTRICT	LOCALITY	DISEASE/EVENT
1	JOHOR BAHRU	TENBY SCHOOL SETIA ECO GARDEN	CHICKEN POX
2	KOTA TINGGI	FELDA BUKIT WAHA	HFMD
3	JOHOR BAHRU	TADIKA ANAK PINTAR	HFMD

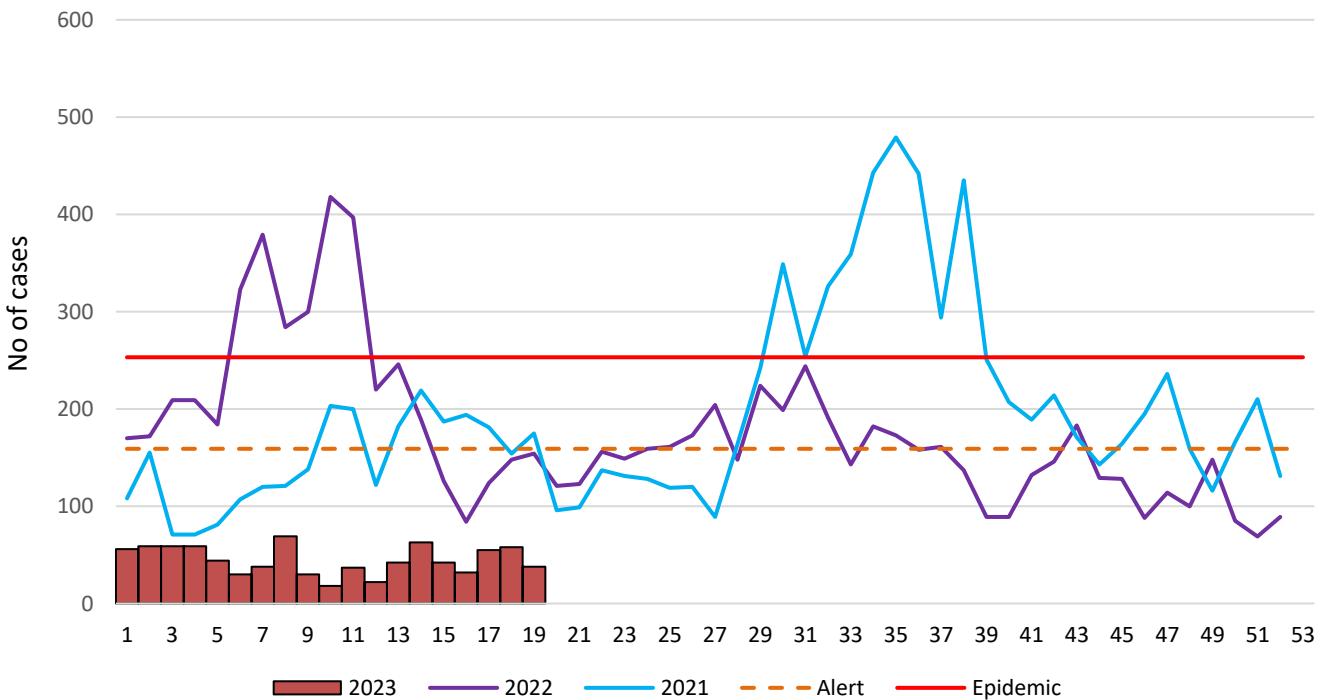
CUMULATIVE CLUSTER / OUTBREAK BY DISTRICT EW 19/ 2023

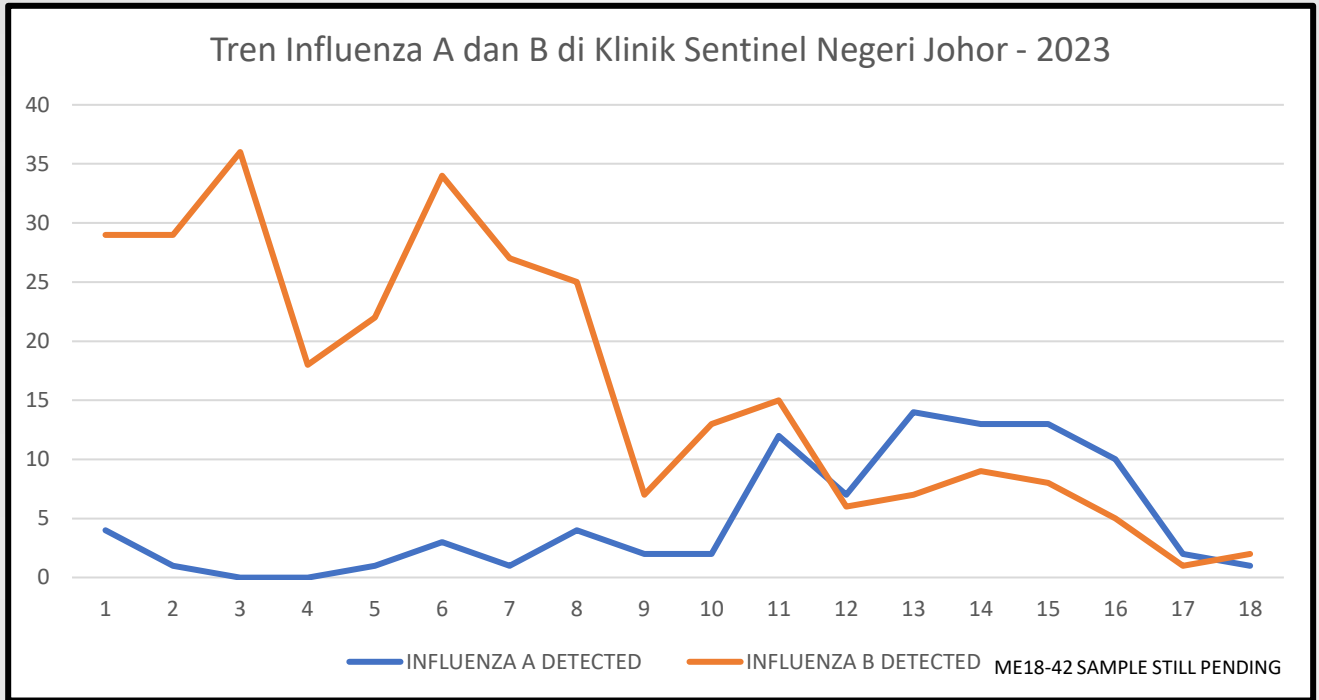
NO.	DISEASES	JB	KJ	MR	TG	BP	KG	SG	PN	KT	MG	JOHOR
1.	FOOD POISONING	3	0	0	3	4	1	1	0	2	0	14
2.	DIPHTHERIA	1	0	0	0	0	0	0	0	0	0	6
3.	CHICKEN POX	5	2	1	0	1	1	0	0	0	0	10
4.	HFMD	16	0	0	2	0	3	1	0	2	0	24
5.	LEPTOSPIROSIS	0	0	0	0	0	0	0	0	0	0	0
6.	SCABIES	1	0	0	0	0	0	0	0	0	0	1
7.	AGE	1	0	0	0	1	0	0	0	0	0	2
8.	MUMPS	0	0	0	0	0	0	0	0	0	0	0
9.	MEASLES	0	0	0	0	0	0	0	0	0	0	0
10	ILI	0	0	0	0	0	0	0	0	0	0	0
11.	TUBERCULOSIS	0	0	0	0	0	0	0	0	0	0	0
12.	INFLUENZA	6	2	0	0	0	0	0	0	0	0	8
13.	CONJUNCTIVITIS	1	0	0	1	0	2	0	0	1	0	5
14.	URTI	0	0	0	1	0	0	0	0	0	0	1
15.	TYPHIOD	0	0	0	0	0	0	0	0	0	0	0
16.	DENGUE	307	22	1	0	10	4	1	0	2	0	347
17.	CHIKUGUNYA	1	0	0	0	0	0	0	0	0	0	1
18.	ROTAVIRUS	0	0	0	0	0	0	0	0	0	0	0

SURVELAN ILI DI KLINIK KESIHATAN NEGERI JOHOR TAHUN 2023



SENTINAL SURVEILLANCE OF SARI IN HOSPITAL SULTANAH AMINAH JOHOR BAHRU 2021-2023

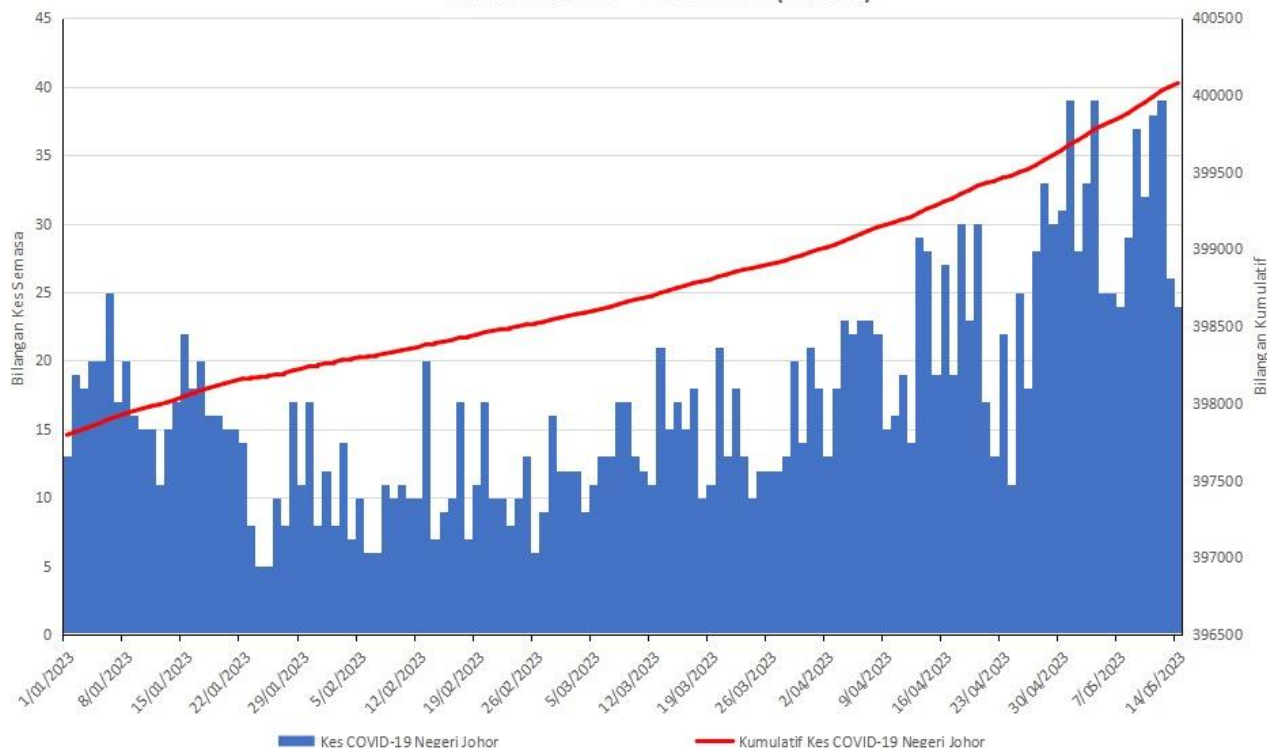




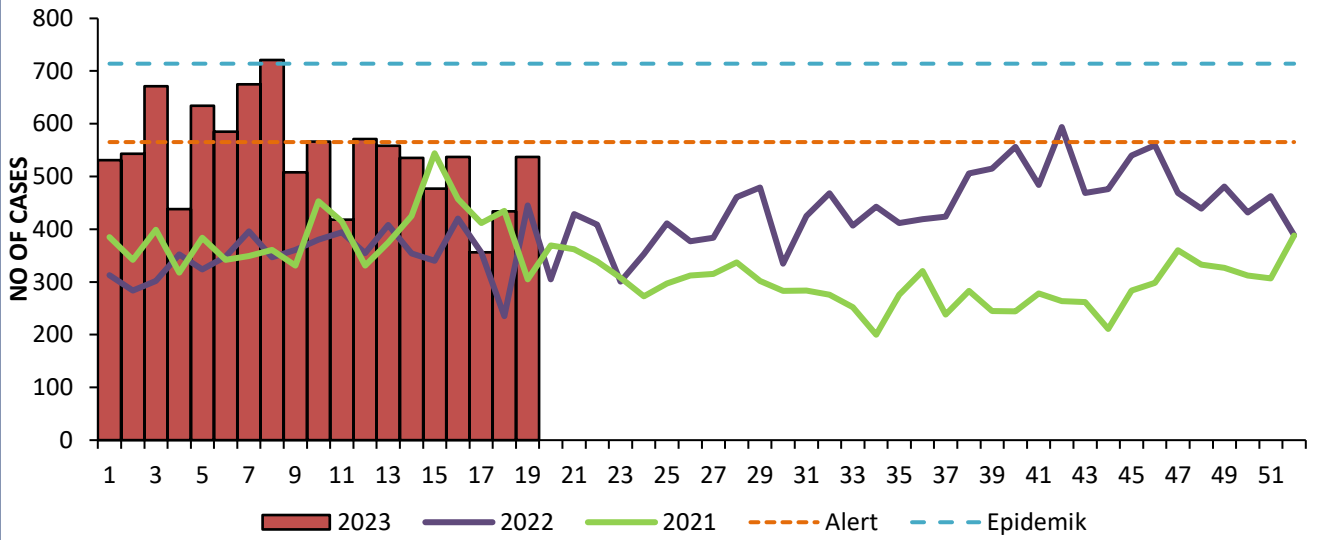
DOG BITE & COVID 19 SURVEILLANCE

NO.	DOG BITE SURVEILLANCE	APRIL 2022	APRIL 2023	CUMULATIVE UNTIL APRIL 2022	CUMULATIVE UNTIL APRIL 2023
1.	No. of cases reported	7	4	20	35
2.	No. of cases received outpatient treatment	7	4	20	34
3.	No. of cases received rabiest vaccine outpatient	0	0	0	1
4.	No. of cases on Rabies follow-up (PEP)	0	0	0	1
5.	No. of cases completed follow-up (PEP)	0	0	0	1
6.	No. of cases admitted	0	0	0	1
7.	No. of sample taken for Rabies test	0	0	0	0
8.	No. of case positive Rabies	0	0	0	0
9.	No. of bite died of Rabies	0	0	0	0
10.	No. of dog involved in bite cases	6	3	17	29

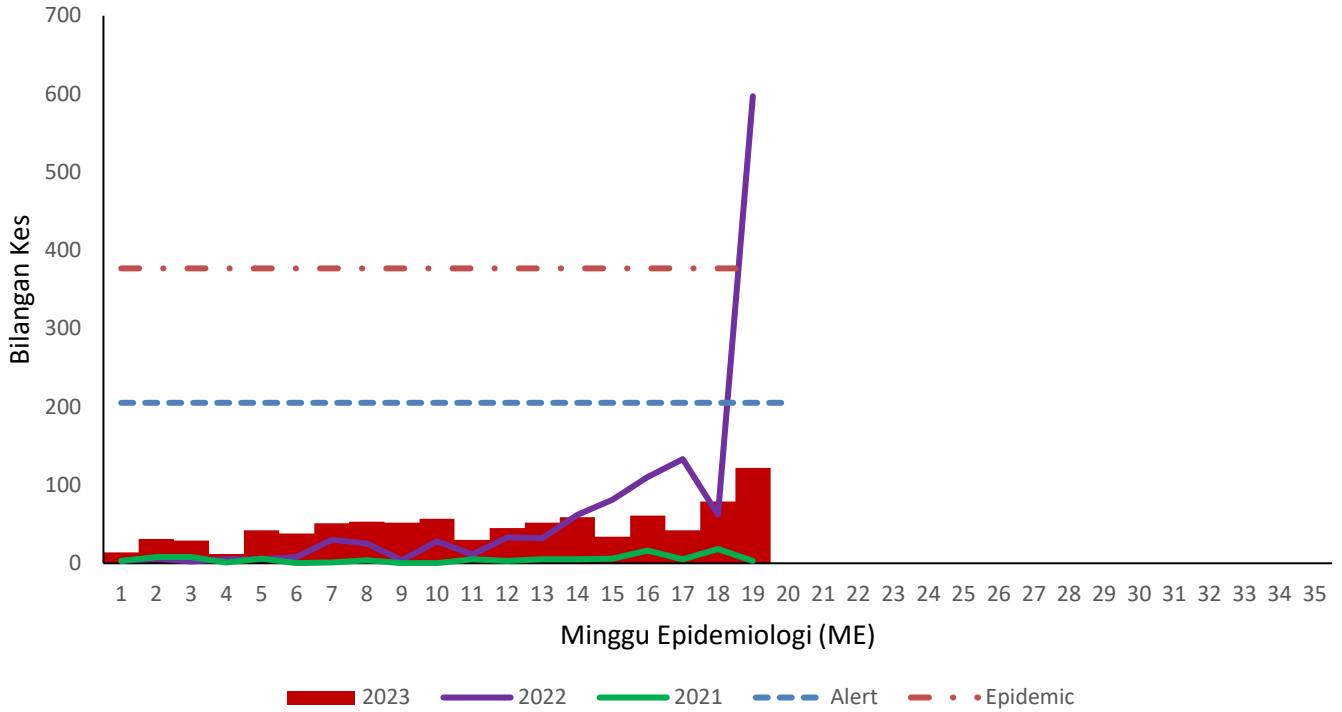
KES COVID-19 NEGERI JOHOR MENGIKUT TARIKH LAPORAN DARI
1 JANUARI 2023 - 14 MEI 2023 (N=2296)



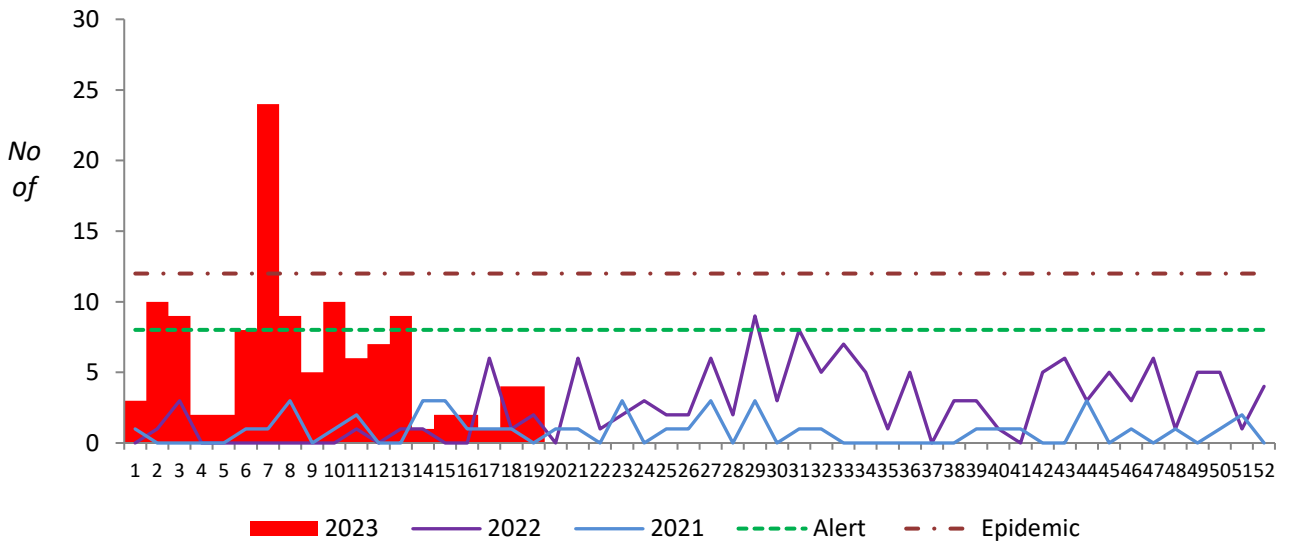
AGE JOHOR 2021-2023



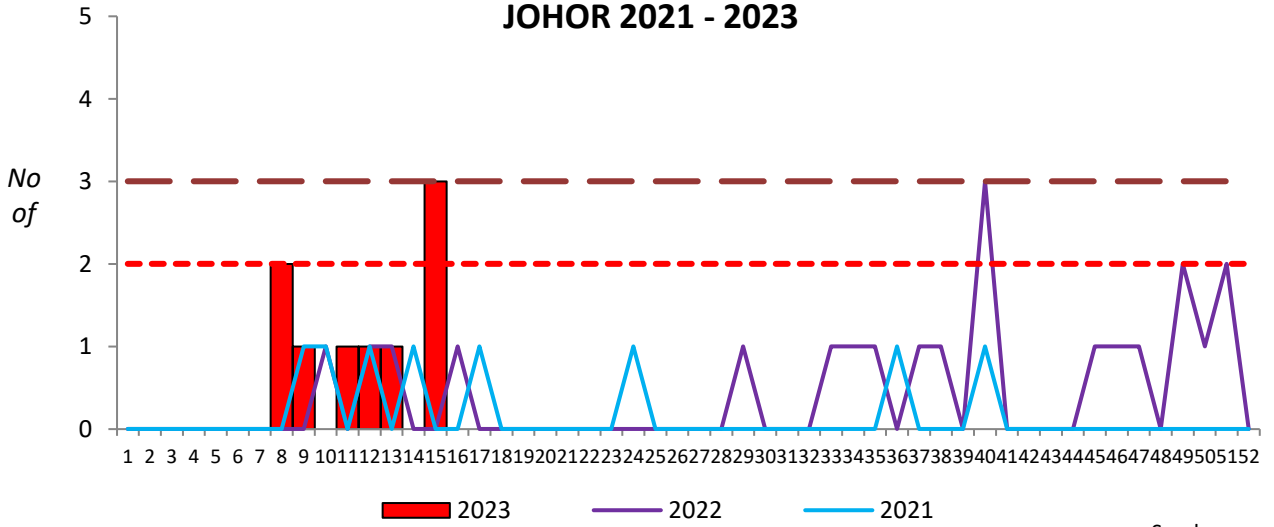
HFMD JOHOR 2021-2023



LEPTOSPIROSIS JOHOR 2021-2023



**MEASLES (LAB CONFIRMED/CLINICAL/EPID LINK)
JOHOR 2021 - 2023**



Sumber:



KEMENTERIAN KESIHATAN MALAYSIA

RISIKO JANGKITAN RABIES PADA SISTEM SARAF

- Rabies merupakan **penyakit sistem saraf** disebabkan oleh **virus rabies**
- Virus ini terdapat dalam **air liur haiwan yang dijangkiti**
- Virus ini **menjangkiti manusia** melalui :



Gigitan atau **kontak langsung** dengan **air liur haiwan yang dijangkiti** sama ada melalui **luka** atau **lapisan mukosa tubuh** termasuklah **kesan cakar** oleh **haiwan peliharaan** atau **kucing liar**

Rabies boleh menyebabkan **kematian** jika



jangkitan merebak ke **otak**



Langkah pencegahan dari jangkitan rabies



Cuci luka **SEGERA** dengan **air mengalir** atau **sabun selama 15 minit** jika **digigit** atau **dicakar** atau **terkena air liur haiwan**

Segera dapatkan rawatan di klinik kesihatan atau hospital **terdekat**



Pastikan **vaksin anti-rabies LENGKAP** diterima mengikut janji temu

Tidak mengendalikan haiwan liar, termasuk anjing dan kucing liar sama ada **hidup atau mati**





KEMENTERIAN KESIHATAN MALAYSIA

HIPERTENSI ATAU TEKANAN DARAH TINGGI

Merujuk kepada **tekanan di dalam salur darah yang tinggi secara berterusan** (sama dengan atau melebihi **140** dan/atau **90 mmHg**)



Sistolik (mmHg)

<130 (Normal / Optimum)

130-139 (Berisiko)

Berisiko untuk mendapat Hipertensi

Amalkan pemakanan sihat, hidup yang aktif dan minda sihat, berhenti merokok, lakukan saringan secara berkala

≥ 140 (Berkemungkinan Hipertensi)

Perlu pemeriksaan kesihatan



Diastolik (mmHg)

<85 (Normal / Optimum)

85-89 (Berisiko)

Berisiko untuk mendapat Hipertensi

Amalkan pemakanan sihat, hidup yang aktif dan minda sihat, berhenti merokok, lakukan saringan secara berkala

≥ 90 (Berkemungkinan Hipertensi)

Perlu pemeriksaan kesihatan

Tekanan darah tinggi diukur dalam unit milimeter merkuri (mmHg)

 **Tekanan darah sistolik (nombor pertama)**

Menunjukkan tekanan ke atas pembuluh arteri ketika **jantung berdegup**

 **Tekanan darah diastolik (nombor kedua)** menunjukkan tekanan ke atas pembuluh arteri ketika **jantung berehat antara dua degupan**

Acronym

AGE: Acute gastroenteritis infection	KPPK: Ketua Penolong Pengarah Kanan
AIDS: Acquired immune deficiency syndrome	KT: Kota Tinggi
BP: Batu Pahat	MG: Mersing
CDC: Communicable Disease Control	MR: Muar
EW: Epidemiological Week	PN: Pontian
HIV: Human immunodeficiency virus	PUI: Person under investigation
ILI: Influenza like illness	SARI: Severe acute respiratory illness
JB: Johor Bahru	SG: Segamat
KG: Kluang	TG: Tangkak
KK: Klinik Kesihatan	

Advisor

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En. Muhammad Hazim Bin Ismail

Communicable Disease Control & Surveillance Unit
Johor Health Department (Public Health Division)
Jalan Pesiaran Permai, 81300 Johor Bahru

Tel: 07-2356136 Fax: 07-2356221

cprcknj@moh.gov.my cdcsurvjhr@moh.gov.my